Winter Planting Guide

NOTE: June and July may be cold and frosty, therefore may not good for direct seed sowing into a garden. Some seeds can be sown and plants kept in a greenhouse.

PLANT	INSTRUCTIONS	JUNE	JULY	AUG	NOTES
Artichoke Globe	DS/TS	х	х		
Asian greens	DS/TS	х	Х		
Asparagus	TS	Х	Х		
Beetroot	DS/TS	Х	Х		
Cabbage	DS/TS	Х	Х		Greenhouse
Carrots	DS				
Capsicum	TS	Х	х		Greenhouse
*Chard/Silverbeet	DS/TS				
*Chives	DS/TS				
*Collard Greens	DS				
Chilli	TS	Х	Х		Greenhouse
Eggplant	TS	Х	Х		Greenhouse
Garlic	Bulb				
Kale	DS/TS				
Leeks	DS/TS	Х	Х		
*Lettuce	DS Scatter	Х	Х		
*Mustard greens	DS Scatter				
Onion	DS				
Parsnip	DS				
*Peas	DS				
*Radish	DS				
*Rocket	DS Scatter				
*Spinach	TS/DS				
Strawberries	TS				
*Spring onions	DS Scatter				
Sunflower	TS	Х	Х		Greenhouse
*Tomato	TS	Х	Х		Greenhouse

Please freely use this as a guide, and add your other favourite plants to the additional rows.

Choose plants according to the season, your site size and environmental elements, garden and plant maintenance time, and what you would like to eat.

Some plants listed are perennials lasting 2 plus years.

If you require more space for note taking, consider a garden journal.

KEY

- *Super easy to grow
- DS = Direct sow seed. Directly sow seeds into garden bed. Work out spacing and depth of seed required.
- TS = Transplant (Start indoors in containers and plant out seedlings in 4-6 weeks, when about 6 leaves on seedling.) Or buy seedlings (harden-off) before planting in garden
- X = depending on the current weather, they may not do well in these months or it may be better to start them off in a greenhouse.

PLAN AND PREP

Consider plant requirements:

- Prepare garden beds: Soil Ph? Crop rotation methods. Compost and other amendments needed?
- Does plant grow best in sun/shade?
- How far apart should the seeds/seedlings be spaced?
- Do they need a trellis or support structure?
- Are their plant companions for optimal growth?
- Will you succession plant for monger harvest period?
- Do they require a lot/little water? Group plants with similar water requirements.
- What mulch will you use to keep soil covered?
- Do the plants require a protective barrier?

NOTES

Use the space to note:

- Date planted: seeds sown/seedlings transplanted, in/out of greenhouse.
- Harvesting method and dates.
- What worked well and what didn't and possible issues. Ie weather, location, soil health, Pest infestations/disease and treatments.
- Companion plants
- Maintenance/fertilising undertaken

